10 Question Self Evaluation form for Coaches*

Yes-No-Sometimes-I don't know

- 1. Do my people feel free to disagree with me?
- 2. Do my team members know the problems I have to cope with in coaching them?
- 3. Do I have difficulty communicating poor performance without putting them down?
- 4. Does each team member know of at least two things that they can do to improve their performance in my eyes?
- 5. Do my team members know I understand their personal goals?

- 6. Are my people aware of the decisions l've made this year in coaching them?
- 7. Do I coach my people when they need it?
- 8. Does each member understand exactly what I expect of them?
- 9. Do I acknowledge the good things they do?
- 10. Can my people ask for help without feeling embarrassed?
- * Source Dr. William Hendricks, Rockhurst College

